



VOLUNTEER MONTGOMERY

September 2024 Updates:

Dear Volunteer,

JOIN US FOR A
BAKE SALE

September 13 from 9 am to 1 pm

proceeds support local nursing home residents, active military, veterans, & other community members!

government center lobby
755 ROANOKE STREET, CHRISTIANSBURG

 **VOLUNTEER MONTGOMERY**
montva.com/volunteer-montgomery

Many of you have already received a call from one of our volunteers requesting baked goods. If not, please contact us by phone or email if you would like to donate non-perishable baked goods.

Please bring your baked goods to the Volunteer Montgomery office on Thursday, September 12 between the hours of 8:30 am and 12 pm.

If you are unable to bake, we appreciate any monetary donations or you can simply stop by to support our Bake Sale on Friday, September 13th.

Thank you in advance for your support of our community programs!



Patriot Day Service Project – Donations Needed!

Volunteer Montgomery will send baskets filled with baked goods and prepackaged snacks to all emergency service agencies in Montgomery County and Radford. **We need your help!** Volunteers are needed to purchase snacks or bake cookies, brownies, etc. Please bring **prepackaged snacks and baked goods** to our office by Friday, September 6.

Volunteers are also needed to pack baskets on **Monday, September 9th at 10 am** and help with delivery on **Tuesday, September 10th**. Please email us at

volunteermontgomery@montgomerycounty.gov or call the office if you would like to help us show appreciation to our local heroes on Patriot Day.

We will host the **17th Annual Supplies for Seniors** event in January 2025 and the **Walk-A-Thon Fundraiser** will be held at the **Christiansburg Recreation Center on Sunday, September 29 from 2-4 pm. We are hosting the fundraiser on a weekend this year to allow volunteers of all ages to participate.**










Sponsor sheets and other details are attached to this newsletter. You may pick up forms at the office as well. A preregistration fee of \$15 is required for adults and \$10 for children who are ten and under. Registration includes a t-shirt, if needed, and a goody bag. Call us for more details!



17th Annual Supplies for Homebound Seniors Walk-A-Thon 2024:

Volunteer Montgomery and Christiansburg Parks & Recreation, are co-sponsoring :
Walk-A-Thon on Sunday, September 29 from 2-4 pm

How to participate:

-  Anyone can register to walk. We will be walking on the track at the Christiansburg Recreation Center.
-  You can walk whatever length of time or distance you wish. One lap around the track equals 1/8 mile.
-  Come by or call the Volunteer Montgomery office to complete a registration form and sign a waiver. *A minimum pre-registration of \$15 is required.* You may also register at the event.
-  Ask everyone you know (family, neighbors, church members, etc.) to sponsor you to walk. *Participants are encouraged to form teams to help raise money and keep members walking while others take a break!*
-  Collect money as you go and turn it in on the day of the event. Please have your sponsor(s) make their checks out to Volunteer Montgomery. Sponsor sheets are available when you register.
-  The money you collect will be used to purchase supplies for 245 homebound seniors and veterans, such as; toiletries, detergent, word search puzzles, etc. Volunteer Montgomery volunteers and local Police will distribute supplies to clients of the Montgomery County Homebound Meal Project, City of Radford Homebound Meal Project, Montgomery County Department of Social Services, and Virginia Veteran and Family Support Project.
-  Monetary donations can be made at <https://volunteermontgomery.betterworld.org/campaigns/supplies-seniors-walk-thon-2024>, the Christiansburg Recreation Center, or the Volunteer Montgomery office.
-  Rest stations, snacks, and water will be available.
-  *Have fun, enjoy the exercise, and support a worthy cause!*

CALL VOLUNTEER MONTGOMERY AT 540.382.5775 OR EMAIL
VOLUNTEERMONTGOMERY@MONTGOMERYCOUNTYVA.GOV
FOR MORE INFORMATION

Montgomery County Chamber of Commerce Event:



Eggs & Issues

Marketing & Branding in the Digital Age

Thursday, September 5th, 8:00 - 9:30 AM
2387 Warm Hearth Drive, Blacksburg, VA

Presented by:

 **LewisGale Hospital**
Montgomery
HCA Virginia Health System

 **THE MONTGOMERY COUNTY CHAMBER OF COMMERCE**
Connect. Engage. Prosper.
bit.ly/MCCCEggs

[\[4fel5kcab.cc.rs6.net\]](https://4fel5kcab.cc.rs6.net)

Volunteer Montgomery will be the featured nonprofit during this month's event.

Sign up to support our Volunteer Coordinator Fallon Bursey as she makes her debut presentation with the Chamber of Commerce!

For more information, or to register, [click here.](https://4fel5kcab.cc.rs6.net)
[\[4fel5kcab.cc.rs6.net\]](https://4fel5kcab.cc.rs6.net)



AFTERNOON TEA & DESIGNER HANDBAG AUCTION

Saturday, November 16 from 2-3:30 pm

live music featuring Chloe Scales

A donation of \$5 per ticket is required prior to the event

over 20 designer bags to bid on

\$5 credit will be offered to all bid winners

Tickets will be available from August 5 through November 8

 **VOLUNTEER MONTGOMERY**
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The event will be held at the **Volunteer Montgomery office** at 210 S. Pepper Street, Suite D, Christiansburg. Tickets are available at the office or online.



Please use the QR code above or visit

<https://volunteermontgomery.betterworld.org/events/handbag-auction> to get your tickets for the event online.

Fall registration for LLI at Virginia Tech

Lifelong Learning at Virginia Tech is starting its tenth year. Each term is a new adventure – new courses, new learning opportunities with favorite instructors, new wines to taste, new books to read, new places to go. The LLI fall term is filled with enticing choices!

Online and phone registration opened at 10:00 a.m., Monday, August 26. Many courses fill up quickly, so sign up early.

For more information, visit our website <https://www.cpe.vt.edu/lifelonglearning/> [cpe.vt.edu], call 540-231-1725, or email lifelonglearning@vt.edu.

Program Updates:

Pop-up Cards with Bev Bridges

Join us on Friday, September 20 at 10 am in the Volunteer Montgomery Activity Room to learn how to make pop-up cards with a local artist that we are honored to have within our program! All materials will be provided. Though, you must register to participate by Monday, September 16. **It is our hope that volunteers can use this skill to make cards to be donated to local veteran and nursing home facilities.**

TRIAD Updates:



TRIAD MEETING—SUMMER PICNIC—\$5

Sep. 24, 11 am, Christiansburg Huckleberry Park – Community Pavilion

Join us for our annual Summer Picnic! Fee includes lunch — Must register with Christiansburg Recreation Center by calling 540-382-2349.

TRIAD SHRED-A-THON

Oct. 22, 3-6 pm, Christiansburg Recreation Center. Help prevent identity theft, shred unwanted documents, protect identifying information, and clean out clutter! Please bring your documents in a box or plastic tote (no larger than 22.5x18x11.5") and respect the limit of three totes/boxes per vehicle. For more information, contact Tammy Caldwell at (540) 382-2349, ext. 2003, or tcaldwell@christiansburg.org.



Belview's Helping Hands Pantry supplies clothes, household items, cleaning supplies and personal care items to those who are in need in our community.

Thank you for supporting our partner organization by donating over **200 items** from our list of needs to support their mission.

Many thanks go out to Jill Songer, Rosemary Jones, Pam King, Shirley Mullins, Sharon Brown, Jolene Rawlings, Brenda Arnold, Marilyn Hill, Carol Cornish, Barbara Parrish, Karen Anders, Sharon Jerlinski, and any others we may have missed during drop off for your generous donations!



Birthday in a Box

September's Collection will support the efforts of the mission of Special Deliveries, a program of New River Valley Community Services and the Montgomery County Department of Social Services

Want to learn more about Special Deliveries? See below.

Who do we serve?

We serve mothers and their young children (birth to age 5) living in the New River Valley. Children must be younger than age 3 at the time of referral.

During visits, case managers share age-appropriate fetal and/or child development information with parents, address parent concerns, and engage the family in activities that provide meaningful child interaction. Staff also provide services and referrals specific to any issues with parenting, mental illness, or substance use disorders.

Special Deliveries provides:

Case management services to women and families with substance abuse, mental health, and parenting issues who are pregnant and/or have small children.

Case management services to at-risk children for behavioral and emotional problems. Services at some local high schools to accommodate needs of teen parents.

Parents As Teachers curriculum (information on fetal development, child development and parenting)

Monthly "Mommy and Me" support groups in both Pulaski and Montgomery counties

" Baby Bucks" program to earn "bucks" toward purchase of baby items

Linking to individual and group counseling services, as well as psychiatric services (as needed)

Assistance with getting to appointments and locating available community resources

[Special Deliveries – New River Valley Community Services \(nrvc.org\)](http://nrvc.org)

Volunteer Montgomery is collecting items to begin a Birthday in a Box program:

Cake Mix

Cake Icing

Birthday Candles (singles or numbers)

Toys/Books for children of all ages (\$10 and under)

Birthday Bags and Tissue Paper

Your donation will directly benefit families that have not been able to celebrate their child's birthday!

Please bring donations to the Volunteer Montgomery office during the month of September.

Volunteer Opportunities:

Evening Opportunity with Volunteer Montgomery – Letters and Cards for Patriot Day



Bring your creativity and join us on **Thursday, September 5 from 6-8 pm at the Volunteer Montgomery office** to write letters or cards of appreciation for our local first responders.

Ideas for letter writing include your favorite quote, a poem for first responders, any type of inspirational message, etc. We will provide a list of phrases for you to choose from as well.

Registration is required by Wednesday, September 4 so we know how many to prepare for. Come out and help us thank our local heroes!

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Volunteer Montgomery Table at Spring Oak Family Reunion

Spring Oak Senior Living is hosting an event on Friday September 13th. It is a "Family Reunion" style event where they are celebrating with residents, staff, family, friends, and members of the community. They will have food, games, music, and vendors set up. This will also double up as their ribbon cutting ceremony with the Chamber of Commerce. **If you are free that day, we would love to have you join our team at the Volunteer Montgomery table! It is scheduled for 12-4PM.**

New Partner → Downtown Christiansburg Incorporated (DCI) and Town of Christiansburg **Rockin' Food Truck Rodeo**

This is the first year that DCI is teaming up with the Town of Christiansburg for this event! Since this is their biggest and best event to date, they are in need of more volunteers than ever before. They are looking for nearly 130 slots total, but still have 99 to fill. **Volunteers are needed to work the entrance and exit, check ID's, apply wrist bands, take tickets and ticket sales, work at drink pouring stations, and work the VIP tent. All volunteers will have shaded seating and access to a restroom.** You can scan the QR code below or sign up at [link \[dci.ivolunteer.com\]](https://dci.ivolunteer.com).



Volunteer with us for the
Rockin' Food Truck Rodeo,
& receive 2 drink tickets,
and a T-shirt!

bit.ly/FTRVolunteers Sept. 14th 3-9pm



Call for Volunteers!

Better
Together

ROCKIN' FOOD TRUCK RODEO



THE PLACE TO BE.

CHRISTIANSBURG VA



DOWNTOWN
CHRISTIANSBURG inc.



Montgomery County Chamber of Commerce Golf Tournament

The Chamber of Commerce has a golf tournament coming up on September 16th, and they are still in need of some volunteers for a few different volunteer shifts. Specifically, the open slots are for helping sell Mulligans and Tee Busters cards to our golfers that day, with most of the need being the afternoon time slot. These volunteers will either be at the Blacksburg Country Club entrance, asking golfers as they check in or make the turn if they would like to purchase any additional Mulligan cards or Tee-Buster cards (**don't worry they can explain what these are on the day of.**) Some volunteers may end up riding around the course on a golf cart doing the same thing.

This is always a fun opportunity to talk with a lot of people during the tournament! To sign up, visit [https://www.signupgenius.com/go/904044DAEAF2CABFB6-50597165-2024#/ \[signupgenius.com\]](https://www.signupgenius.com/go/904044DAEAF2CABFB6-50597165-2024#/ [signupgenius.com])



SAVE THE DATE!

Health and Wellness Fair
Wednesday, September 18, 2024
10 a.m. - 2 p.m.
Christiansburg Recreation Center
1600 North Franklin Street

For more information, please contact: Sue Magliaro, sumags@vt.edu
For sponsor/exhibitor application/payment:
<https://www.blacksburgaarp.org/2024-health-and-wellness-fair>

Prior to Fair: Tuesday, September 17, 3-5pm, Christiansburg Rec Center

- Stuff visitor tote bags
- Stuff exhibitor packets
- Position attendee totes at welcome table; exhibitor packets at check-in tables (Platinum and Gold with attendees' table (front of Rec Center); Silver, Bronze and Non-Profits at side of Rec Center where their exhibitor check-in table will be located
- Organize and set-up kitchen to prepare healthy snacks the next day (Wednesday

morning)

- Set up hospitality room (Senior Room) for volunteer lunches (subs, chips, cookies, drinks)
- Set up round tables on gym floor for health snacks

Day of Fair: Wednesday, September 18, 8 am – 2 pm, Christiansburg Rec Center (will run in two shifts; volunteers can choose to stay the entire day)

8 am to 12 pm:

- Cut up fruit/veggies for attendee snacks; place first serving of snacks on round tables on gym floor
- Set-up tables in hospitality room with coffee, breakfast snacks
- Help exhibitors as needed

11:30 am – 3 pm:

- Check-in lunches to be delivered by Hethwood Market and Subway.
- Oversee volunteer lunches in the Senior Room
- Replenish healthy snacks on round tables on the gym floor
- Help general clean-up of facility

Meadowbrook Fall Festival

The Fall Festival will be held on Saturday, October 5th! The Meadowbrook Public Library is in need of volunteers for the following.

5-7 people to help with setup starting at 8AM

5-7 people to help assist with crafts and to be floaters

5-7 people to help with breakdown

The library will provide refreshments for all volunteers. Please call the office or email

volunteermontgomery@montgomerycountyva.gov to sign up. **Look for members of our team as Volunteer Montgomery will have a table set up at the festival!**

Haunted Prison

Calling all Volunteers! Want to give back to your community by making people SCREAM?

Sign up at [HTTPS://HauntedPrisonNRV.hauntscheduler.com](https://HauntedPrisonNRV.hauntscheduler.com)

Positions Available:

BUILD CREW (7/22 through 11/3): Experience with Construction, Electrical, Plumbing, or Animatronics? Handy at fixing things? Help us build and maintain the attraction. We also need painters and set designers to help us distress and create scenes that look as realistic as possible,

Scream Team (10/4 through 11/3): Actors and Entertainers inside and out

Make-up Artists (10/4 through 11/3): Interest or experience in special effects or horror make-up

Costumes: Can you sew or do you enjoy thrift shopping to get just the right outfit? Help us make the Inmates look their bloody best!

Casting: Are you an organized people-person? Our Casting Coordinator knows all the roles and makes sure the right talent is in the right roles.

Event Staff -

Parking: Awesome organizers that can make sure customers have an easy smooth experience entering and exiting the parking lot

Security: Safety-minded customer service gurus who can keep an eagle-eye on the cameras and calmly help deescalate any trouble spots inside and out of the attraction.

Tickets: Are you an organized person with excellent attention to detail? Customer service skills are key as we help make our visitor experience smooth and easy.

Concessions: Are you good with sales or at the register? How about food or beverage service? We need you to help in concessions selling merch, snacks, or pouring drinks.

Marketing: We need your help if you rock at spreading the word and creating marketing content and managing/posting on socials.

Montgomery County Department of Social Services (DSS)

Calling all of our artistic volunteers! Montgomery County DSS is hosting a job fair/family fun day on **Oct 30th from 2-5 pm**. It will be held at the Christiansburg Library. **Volunteers are needed to face paint for the kids** that will be there. You are invited to dress up for Halloween during the event as staff members will be in costume.

There will be popcorn and a cotton candy machine. Our team will be present with a table set up to share information with the community. **Contact our office to join the fun!**

Cards, Coupons, & Butterflies

This event will be held from 9 am to 12 pm at the Volunteer Montgomery office on the 2nd and 4th Monday in September.

Belview's Helping Hands Pantry

We are excited to now be partnering with Belview's Helping Hands Pantry, Clothing, Personal Care, Cleaning, and Food! Volunteer opportunities are updated weekly. You can find more information by visiting their Facebook page at [\(1\) Facebook](#) or contact the Volunteer Montgomery office for an update on their volunteer needs. Evening Opportunities Available!

We accept the following donations:

- **Stamps for the Wounded** – please leave at least a quarter-inch margin of paper around used postage stamps you tear off envelopes or packages.
- Gently-Used Paperback Books for **Operation Paperback**. We have a container for books inside the volunteer office. **Update: We are now accepting current magazines and DVDs!**
- Manufacturer's Coupons for the **Overseas Coupon Program** (can be used for 6 months after expiration date)
- Eyeglasses for the **Lions Club**
- Aluminum tabs for the **Ronald McDonald House**
- Bud vases for our annual **Flowers for Veterans** program

The following activities are scheduled in **September** and we will be providing transportation for volunteers. Contact the office for more details.

- | | | |
|--|--------------|---------|
| • English Meadows – Tea Party | September 16 | 10 am |
| • Virginia Veterans Care Center – Birthday Party | September 17 | 2:30 pm |
| • Kroontje – Birthday Party | September 18 | 3 pm |
| • Spring Oak Senior Living - Birthday Party | September 20 | 3 pm |
| • Commonwealth Senior Living – Party | September 26 | 3:15 pm |

Volunteer Information:

Volunteer Hour Sheets

You can submit volunteer hours by mail, email or by visiting <https://forms.montva.com/Forms/RSVP-hours>. If you use this link, your volunteer time will be emailed to staff.

Please let us know if you would like a paper copy or a fillable form to save to your tablet or PC.

September 2024



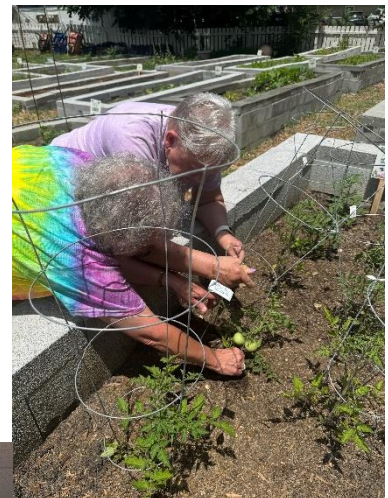
SUN	MON	TUE	WED	THU	FRI	SAT
1	2 HAPPY LABOR DAY OFFICE CLOSED	3	4	5 VM Evening Event Patriot Day Cards 6-8pm	6 Patriot Day snack donations DUE	7
8 HAPPY Grand Parents DAY	9 Cards & Coupons 9am-12pm Patriot Day Baskets 2pm	10 Patriot Day Delivery 10am 	11	12 Bake sale items drop-off @ VM 8:30am-12pm	13 Bake Sale 9am- 1pm @ MC Government Center	14 Rockin' Food Truck Rodeo 3- 9pm
15	16 Fundraising Committee 10:30am English Meadows 10am	17 VA Veterans Care Center 2:30pm (Leave VM @1:30pm)	18 AARP Health Fair 10am-2pm Kroontje 3pm	19 Advisory Council 11:00am	20 Pop-up Cards with Bev @ VM 10am Spring Oak Senior Living 3pm	21 Wilderness Trail Festival 9am-4pm
22	23 Cards & Coupons 9am-12pm	24	25 Walk-A-Thon Registration DUE	26 Commonwealth Senior Living 3:15pm	27	28
29 Walk-A-Thon at Cburg Rec Center 2pm-4pm	30 NRVCS/DSS Supply Drive donations DUE					

210 S. Pepper St Suite D,
Christiansburg, VA 24073

Office: (540) 382-5775
Cell: (540) 239-1088

Email: volunteermontgomery@montgomerycountyva.gov

VolunteerMontgomeryVA
 volunteermontgomeryva



Thank you to all of the volunteers pictured above that have made our recent projects so successful! Volunteer Montgomery would not exist without the support of our amazing volunteers.

We appreciate you ☺



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September Birthdays:

Lois B. Wade	9/4
Rhianna Kirwan	9/5
Maureen Patton	9/7
Marilyn Armstrong	9/10
Raymond Lyons, Jr.	9/10
Jennifer Harris	9/13
Ronald W Hall	9/14
Beverly Bridges	9/15

Ashley Stewart	9/15
Margaret Brugger	9/18
Katherine Jackson	9/19
Michelle Cox	9/19
David Wynn	9/20
Brittany Syx	9/20
Marjorie Vitale	9/22
Cindy Minnick	9/23
Marilyn Hill	9/24
Jeffrey Culbertson	9/24
Kara Vellines	9/26
Shirley Mullins	9/27
Tunstall (Joe) Powers	9/27
Diane Simmons	9/27

In service,

Mandy Hayes

Senior Volunteer Coordinator
Montgomery County Human Services



Team members Fallon Bursey and Hannah Cox at WDBJ7! Fallon was featured live on Tuesday, September 27 during the 4 pm news!